

Per 100 g.		
Calories	320	kcal
Moisture	19.5	g
Total Fat	4.0	g
Saturated	1.0	g
Unsaturated	3.0	g
Cholesterol	0	mg
Sodium	0.5	mg
Total Carbohydrates	36	g
Fiber	20	g
Sugars	0	g
Added Sugars	0	g
Protein	35	g
Ash	5.0	g
Vitamin A	0	IU
Vitamin B	0	mg
Vitamin C	0	mg
Vitamin D	0	mcg
Vitamin E	0	mg
Vitamin K	0	mcg
Calcium	60	mg
Iron	32	mg
Magnesium	0	mg
Potassium	1400	mg