

RED INSTANT DRY YEAST 1101202 / 1101502

NUTRITIONAL INFORMATION

Per 100 g.		
Calories	386	kcal
Moisture	3.8	g
Total Fat	6	g
Saturated	1	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	60	mg
Total Carbohydrates	38	g
Fiber	30	g
Sugars	0	g
Added Sugars	0	g
Protein	45	g
Ash	5.0	g
Vitamin A	8.6	IU
Vitamin B	0	mg
Vitamin C	300	mg
Vitamin D	0	mcg
Vitamin E	0	mg
Vitamin K	0	mcg
Calcium	20	mg
Iron	6	mg
Magnesium	0	mg
Potassium	1400	mg

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