

Per 100 g.		
Calories	346	kcal
Moisture	11	g
Total Fat	1.5	g
Saturated	0.5	g
Mono Fat	0.2	g
Poly Fat	0.8	g
Trans Fat	0	g
Unsaturated	0	g
Cholesterol	0	mg
Sodium	320	mg
Total Carbohydrates	75.5	g
Complex Carbohydrates	69	g
Fiber	6.5	g
Sugars	0	g
Added Sugar	0	g
Protein	8	g
Ash	2	g
Vitamin A	0	IU
Vitamin B	0	mg
Vitamin C	2,000	mg
Vitamin D	0	mg
Vitamin E	0	mg
Vitamin K	0	mcg
Calcium	0	mg
Iron	0	mg
Magnesium	0	mg
Potassium	130	mg
Other (e.g., ethanol)	0	g

## Updated 3/30/20

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236 North Chester Avenue, Suite. 200; Pasadena, CA 91106 😫 855.871.6100 👙 www.bellarise.com

