

Per 100 g.		
Calories	346	kcal
Moisture	10.8	g
Total Fat	1.99	g
Saturated	0.43	g
Unsaturated	0.95	g
Cholesterol	0	mg
Sodium	49.9	mg
Total Carbohydrates	75.34	g
Fiber	12.12	g
Sugars	4.09	g
Added Sugar	0	g
Protein	10.8	g
Ash	0.48	g
Vitamin A	8.55	IU
Vitamin B	0	mg
Vitamin C	0	mg
Vitamin D	0	mg
Vitamin E	0	mg
Vitamin K	0	mcg
Calcium	33.1	mg
Iron	5.10	mg
Magnesium	20.9	mg
Potassium	416	mg
Other (e.g., ethanol)	0	g

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