

Per 100 g.		
Calories	387	kcal
Water	5.46	g
Total Fat	18.18	g
Saturated	17.5	g
Unsaturated	0.68	g.
Trans Fat	0	g
Cholesterol	0	mg
Sodium	1.36	mg
Potassium	73	mg
Total Carbohydrates	62.85	g
Fiber	2.05	g
Sugars	60.8	g
Protein	11.53	g
Ash	1.99	g
Vitamin A	0	IU
Vitamin B	5.12	mg
Vitamin C	900	mg
Vitamin D	0	mg
Vitamin E	0.07	mg
Vitamin K	0.2	mcg
Calcium	13.53	mg
Iron	3.14	mg
Magnesium	15.01	mg
Potassium	73	mg
Other (e.g., ethanol)	0	g